



SUICIDE PREVENTION GATEKEEPER TRAINING

September 15 – Portland Region ● **September 30 – Bangor Region**
October 6 – Central Maine Region ● **October 15 – Aroostook Region**
Register at www.namimaine.org or call 207.622.5767

This full-day training for school staff provides up-to-date information about suicide, teaches basic suicide intervention skills, increases personal confidence and the ability to effectively respond to suicidal behavior, and identifies helpful resources. State law that requires that each school district has at least 2 gatekeeper trained staff.



WHAT WILL BE COVERED:

- Identify key beliefs, attitudes and common language considerations regarding suicide
- Identify warning signs and risk factors for suicide
- Identify high risk youth populations
- Develop skills to respond to suicidal behavior
- Define needs of suicide survivors
- Give examples of key community and state resources

THE PRESENTERS:

Heather Carter, MA, comes to NAMI Maine from Washington State where she developed and ran an award-winning program focused on youth suicide prevention within high risk populations. Heather has a BA in Sociology and a MA in Intercultural Service, Leadership, and Management with a focus on Training & Intercultural Communication. She has many years of experience working in mental health prior to her work in public health education and really found her passion when she began her work in suicide prevention.

Greg Marley, LCSW, is the Clinical Director of NAMI Maine. Greg has practiced in the field of community mental health and prevention in Maine for over 25 years. Since 2007, Greg has developed and presented training and education supporting the needs of a diverse set of partners in suicide prevention. He comes to this work from a background in crisis and emergency services, substance abuse prevention, and program management.